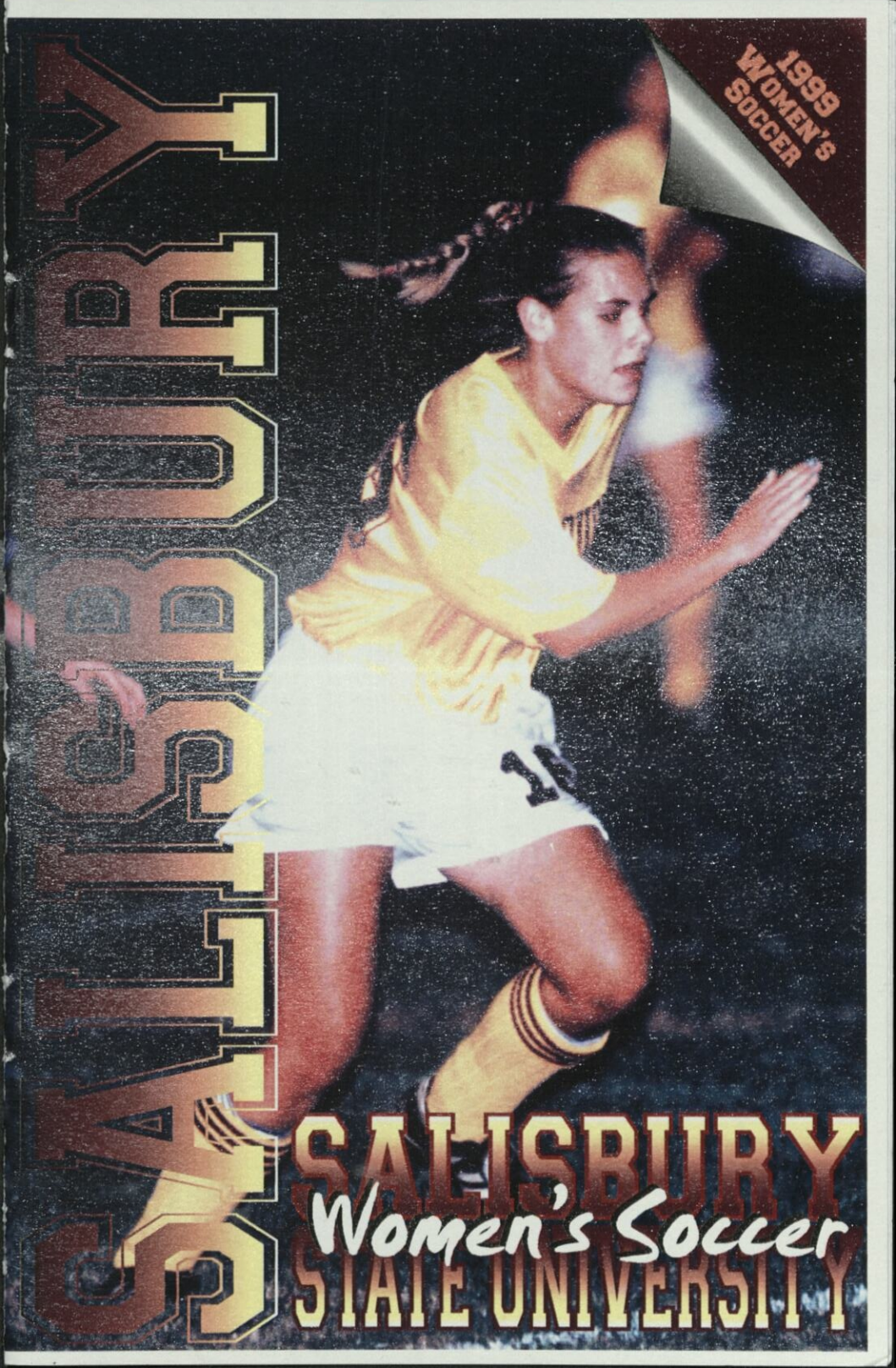

1999 WOMEN'S SOCCER
SALISBURY
SALISBURY
Women's Soccer
STATE UNIVERSITY

SSU at a glance

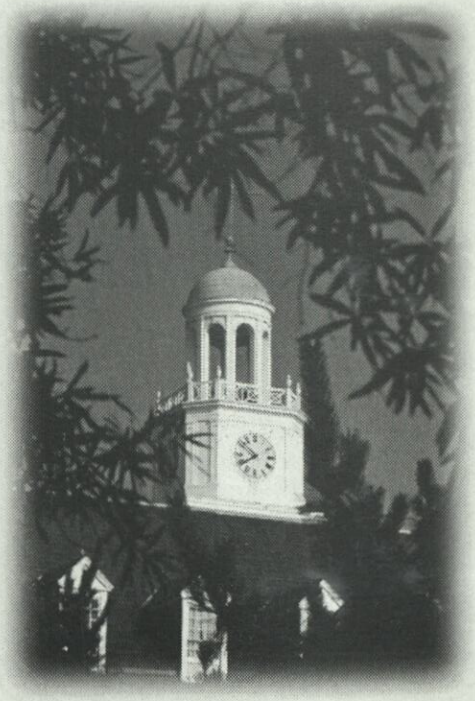
The resources of a University ...
6,000 students from 36 states and 50 foreign countries
29 undergraduate and 8 graduate programs
200 full-time tenure-track faculty, 85 percent with terminal degrees, including National Endowment for the Humanities scholars and Fulbright professors.
NCAA Division III Athletics, 9 men's, 10 women's intercollegiate teams; 22 intramural sports

... with small-school opportunities.
Approachable faculty (17:1 student/faculty ratio)
Honors program with dedicated faculty at the Bellavance Honors Center. Ten residence complexes including traditional, co-ed, suite and apartment styles.

The security of state support ...
1999-00 tuition, room, board and fees: $9,746 per year for Maryland residents; $14,140 per year out-of-state.
A library with over 800,000 volumes, periodicals, microforms and databases including word processing and computer labs. Access to collections throughout the country.

... with the benefits of private funding.
Altogether, SSU awards nearly $1 million in academic scholarships each year. More than $24 million in private endowments supports some of those scholarships and provides for some of the finest educational programs.

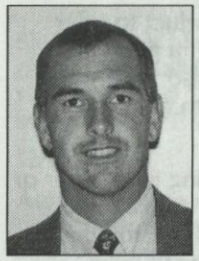
In an ideal–and idyllic–location:
Salisbury, MD, is 30 miles west of the Atlantic Ocean and Ocean City, MD, and 20 miles east of the Chesapeake Bay; 2 hours from Baltimore, Washington, D.C. and Wilmington, DE. The campus is 2 1/2 hours from Norfolk, VA, and Philadelphia, PA, and 4 1/2 hours from New York.



Come see us–in person, or in cyberspace. We'd love to see your smiling face, but if you can't get here, check out our Web site.
We're at **http://www.ssu.edu.**

SSU's campus is in an attractive, residential neighborhood of stately homes on sculpted lawns, less than one-half mile from the banks of the Wicomico River. The campus includes 34 buildings on 125 landscaped acres. Students walk from one end of campus to the other in about 5 minutes.

Head Coach Jim Berkman



In six varsity seasons, **Jim Berkman** has directed the Salisbury State women's soccer program to the brink of national recognition. The Sea Gulls, who moved to varsity status in 1994, have posted six consecutive winning seasons and won 13 games or better in five of six seasons. SSU has also had 36 players earn all-conference recognition since 1994, including a conference-best six players in 1999.

Directing a first-year varsity program in 1994, Berkman led the Sea Gulls to the Capital Athletic Conference championship and earned CAC Coach-of-the-Year honors along the way. The Gulls have followed with five more trips to the conference championship game and have compiled a stellar 82-27-3 record during the program's first six seasons, including another winning campaign in 1999, finishing 13-5.

Berkman, who also coaches the SSU men's lacrosse team, is now serving in his second decade at SSU. In addition to his outstanding work with the women's soccer team, Berkman's successful lacrosse resume includes a 152-19 career record at SSU since 1989, with three national championships, one national runnerup finish, six national semifinal appearances and five undefeated regular seasons.

Year-by-Year Record

1994	13-5	CAC champions
1995	11-5	CAC runnersup
1996	17-3	CAC runnersup
1997	15-3-2	CAC runnersup
1998	13-6-1	CAC runnersup
1999	13-5	CAC runnersup
Total	82-27-3	

An accomplished all-around athlete, the Watertown, NY, native starred on the basketball team as well as the lacrosse squad at St. Lawrence (NY) University, earning MVP honors in basketball as both a junior and senior. He also led the lacrosse team in scoring each of his last three seasons, earning all-America honors and playing in the prestigious North-South All-Star game as a senior in 1982.

After graduating from St. Lawrence in 1982, Berkman spent two years at Salisbury State while he earned his master's degree. He followed that with one successful season at Potsdam State, where Berkman coached the lacrosse squad to a school-record nine wins. He then returned to St. Lawrence from 1985-88, where he coached men's basketball in addition to his duties with the soccer program.

Wayne Gorrow - Assistant Coach

After serving as the women's soccer club coach for three seasons, Gorrow has been an assistant with the team since the program moved to varsity status in 1994. In addition to his on-the-field duties, Gorrow also coordinates many of SSU's administrative details. Two areas of primary responsibility include recruiting and transportation.

1999 Coaching Staff (left to right) Scott Bowers, Jim Berkman, Wayne Gorrow

Scott Bowers - Assistant Coach

A four-year letterman for the SSU men's team, Bowers completed his fourth year as an assistant with the women's squad in 1999. The Salisbury native helped produce 47 victories for the men's squad during his career, and played on four winning teams. Bowers works primarily with the goalies and the defense.

Quoting Coach Berkman

(On Recruiting at SSU)..."We have a great school and a great product to offer with outstanding academics. Student-athletes have a chance to get a great education here, one of the best on the East Coast, I believe. We also have super facilities, both academically and athletically. And those are going to get even better."

(Tips For Choosing a College Program)..."The most important thing is whether or not there's a commitment to doing things in a first-class manner. A commitment to playing a great schedule, to traveling in a first-class fashion, and a commitment to winning. A program should have full-time coaches who are there to help athletes with personal and academic needs as well as athletic needs."

(The Importance of Academics)..."It's the number one thing, the top priority. We try to keep soccer fun, but we don't forget why we're here in the first place. We want our players to be their best in the classroom just like we want them to reach their full potential as athletes."

(On Dual-Sport Opportunities)..."We encourage anybody who has the ability to excel at two or even three sports to do so. We support them 100 percent. We have a number of multi-sport athletes in the program right now. Playing more than one sport helps athletes stay in shape and gives them a chance to compete. It makes their athletic experience even more rewarding."

(Berkman's Ideal Student-Athlete)..."We want people who want to improve. We want people to be excited about getting better and to have the work ethic it takes to improve. We want people who are striving to be the best, in the classroom and on the field. We want people who love the game and love to play it, in season and out of season. And we want people who want to play the game at the highest level and who want to play in a program that will challenge to be an NCAA contender."

(On His Scheduling Philosophy)..."We want to play the best teams we can play. That's the only way to get better. We want to be challenged and play the best so we know what it takes to be the best. That's how you prepare to be a national contender on a year-to-year basis."

(On SSU's Athletic Facilities)..."I believe our facilities, from top to bottom, are the best at our level. From our soccer complex to the fitness center with 25 pieces of Nautilus and other equipment to our free weight room. Our facilities are second to none."

Gulls Place Six on 1999 All-CAC Team

Earl, Gallagher, Forbes Named to First Team**

Six members of the Salisbury State University women's soccer team earned a spot on the 1999 all-Capital Athletic Conference first and second teams. Salisbury State, which finished 13-5 overall, had the most players recognized among the league's seven teams. The Sea Gull players honored were:

First Team

Amy Gallagher (Mercerville, NJ/Steinert HS)...Gallagher, a four-year starter at back, returns to the all-conference first team for the second straight year and earns all-CAC honors for the third time in her four seasons...She helped the Sea Gulls record 12 shutouts in 1999...SSU set a new team record for fewest goals allowed in a season (8)...Gallagher, a senior, also scored two goals and had one assist this season and caps her career with 10 goals, three assists and 23 total points.

Dana Earl (Medford, NJ/Lenape HS)...A four-year starter for the Gulls, Earl, a senior midfielder, earns first team honors for the second time in her career...She led the Sea Gulls in scoring this season with 12 goals, six assists and 30 total points, and finished fourth in the conference scoring race...Earl finishes her career ranked fourth all-time in SSU history in goals (18) and points (52).

Amy Forbes (Ewing, NJ/Ewing HS)...Forbes, a junior, started all 18 games in goal for the Gulls and finished with a league-best 0.59 goals against average...Forbes recorded 12 shutouts in 1999 and capped her junior season with 32 shutouts, the all-time SSU record...Forbes earns first team all-CAC honors for the first time in her career after earning second team recognition in 1997 and 1998.

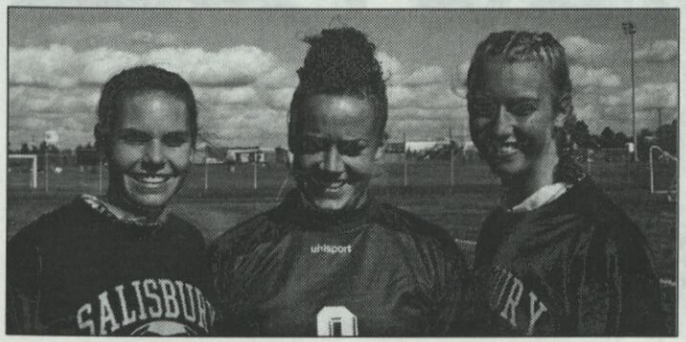
Second Team

Cindy Maxfield (Columbia, MD/Long Reach HS)...The sophomore forward earns all-conference honors for the first time...She finished fourth on the team in scoring with five goals, three assists and 13 total points.

Meredith Bigham (Medford, NJ/Bishop Eustace HS)...The sophomore midfielder earns all-conference honors for the first time...She was third in scoring for the Gulls this year while also leading the team in assists...She finished with seven goals, nine assists and 23 points.

Ellen Mirsky (Marlton, NJ/Cherokee HS)...Mirsky, a fullback, joins Maxfield and Bigham as a first time honoree in 1999...She was one of the core defenders on SSU's stingiest defense in history... Mirsky also scored one goal.

Salisbury State, which completed its sixth varsity season, was the Capital Athletic Conference's runner-up for the fifth straight time. The Sea Gulls were 5-1 in CAC play.



1999 Team Captains, (left to right) Dana Earl, Amy Forbes, Amy Gallagher

1999 Sea Gull Roster

No.	Name	Pos	Year	Hometown	High School
0	Amy Forbes	G	Jr	Ewing, NJ	Ewing
00	Noelani Berkholtz	G	Fr	Wheaton, MD	Good Counsel
3	Allison Nigro	B	Jr	Bay Village, OH	Magnificat
4	Meredith Bigham	M	So	Medford, NJ	Bishop Eustace
6	Dana Earl	B	Sr	Medford, NJ	Lenape
7	Courtney Smith	F	Fr	Severna Park, MD	Mt. de Sales
9	Joy Mulholland	M	So	Ellicott City, MD	Mt. de Sales
10	Erica Szoc	M/F	Fr	Hampton, NJ	North Hunterdon
11	Christine Kowalik	F	Fr	Freehold, NJ	Freehold
12	Elena Ferranti	F	Fr	Melville, NY	Walt Whitman
13	Heidi Shaneybrook	M	Sr	Reisterstown, MD	Franklin
14	Kelly Whalen	D	Fr	Rockville, MD	Holy Cross
15	Amy Gallagher	B	Sr	Mercerville, NJ	Steinert
17	Lisa Capitelli	M	So	Holtsville, NY	Sachem
18	Kristey Lillis	M	Fr	Vernon, NJ	Vernon Township
19	Kelly Knutson	B	So	Eldersburg, MD	Liberty
20	Bonnie O'Doherty	D	Jr	Garden City, NY	Garden City
21	Cindy Maxfield	F	So	Columbia, MD	Long Reach
22	Amber Bradford	M	So	Fallston, MD	Fallston
23	Maria Ciasca	D	Fr	Burlington, NJ	Burlington Township
24	Kristin Sullivan	B	So	Newtown Square, PA	Marple Newton
25	Jen Mazzola	B	Sr	Gambrills, MD	Old Mill
26	Ellen Mirsky	M	So	Marlton, NJ	Cherokee

Head Coach – Jim Berkman (6th year)
Assistants – Wayne Gorrow, Scott Bowers
Captains – Dana Earl, Amy Gallagher, Amy Forbes

Sea Gull Recordbook

Team Records

Most Goals Scored, Game	8 (four times)
Most Goals Scored, Season	64, 1996
Largest Margin of Victory	8 (three times)
Most Goals Allowed, Game	5 vs. William Paterson, 9/19/97
Most Goals Allowed, Season	15 (three times)
Fewest Goals Allowed, Season	8, 1999
Most Shutouts, Season	14, 1996
Most Consecutive Shutouts, Season	6, 1997
Most Games Played, Season	20 (three times)
Most Wins, Season	17, 1996
Most Home Wins, Season	12, 1996
Longest Winning Streak	11, 1996
Longest Unbeaten Streak	17, 1997-98
Longest Home Winning Streak	19, 1995-97
Most Saves, Game	16 vs. Notre Dame (MD), 9/16/95 vs. Mary Washington, 9/25/94

Individual Records

Most Goals, Game	3, most recently Cortney Urban vs. Messiah, 9/23/97
Most Goals, Season	15, Ava Tasker, 1996
Most Goals, Career	41, Danielle Urban, 1994-97
Most Assists, Game	3, Jennifer Mazzola vs. Marymount, 10/1/97 Danielle Urban vs. Marymount, 9/17/96
Most Assists, Season	9, Danielle Urban, 1997
Most Assists, Career	19, Danielle Urban, 1994-97
Most Points, Game	7, Ava Tasker (3g-1a) vs. Catholic, 10/31/96
Most Points, Season	35, Ava Tasker (15g-5a), 1996
Most Points, Career	101, Danielle Urban (41g-19a), 1994-97
Most Saves, Game	16, Kristi Kauffman vs. M. Washington, 9/25/94 16, Amy Forbes vs. St. Mary's, 10/29/98
Most Saves, Season	132, Kristi Kauffman, 1994
Most Saves, Career	325, Kristi Kauffman, 1994-96
Most Shutouts, Season	14, Kristi Kauffman, 1996
Most Shutouts, Career	32, Amy Forbes, 1997-99

Career Leaders

Goals

Player	Goals	Years
1) Danielle Urban	41	1994-97
2) Ava Tasker	31	1994-96
3) Cortney Urban	28	1995-98
4) Dana Earl	18	1996-99
5) Patty Jones	13	1995-97
6) Cindy Parulis	12	1994-96
7) Ristelle James	11	1996
7) Heidi Shaneybrook	11	1998-99

Assists

Player	Assists	Years
1) Danielle Urban	19	1994-97
2) Dana Earl	16	1996-99
3) Cortney Urban	11	1995-98
4) Patty Jones	9	1995-97
Ava Tasker	9	1994-96
6) Jen Mazzola	8	1997-99
7) Amanda Brooks	7	1994-95
Joy Mulholland	7	1998-99
9) Nicole Urban-Ingley	6	1994-97
Erin Sargent	6	1995-96

Points

Player	Points	Years
1) Danielle Urban	101 (41g-19a)	1994-97
2) Ava Tasker	71 (31g-9a)	1994-96
3) Cortney Urban	67 (28g-11a)	1995-98
4) Dana Earl	52 (18g-16A)	1996-97
5) Patty Jones	35 (13g-9a)	1995-97
6) Heidi Shaneybrook	28 (11g-6a)	1998-99
Cindy Parulis	28 (11g-6a)	1994-96
8) Meredith Bigham	25 (8g-9a)	1998-99

Saves

Player	Saves	Years
1) Kristi Kauffman	325	1994-96
2) Amy Forbes	232	1997-99
3) Becky Keller	26	1997
4) Lisa Garrison	20	1995

Sea Gull Honor Roll

1994

Jim Berkman	CAC Coach of the Year
Amanda Brooks	First Team All-CAC Back
Kristi Kauffman	Second Team All-CAC Goalie
Karen Mannion	Second Team All-CAC Midfielder
Vicki Prince	First Team All-CAC Midfielder
Ava Tasker	First Team All-CAC Back, Third Team All-South Region Back
Danielle Urban	Second Team All-CAC Forward

1995

Amanda Brooks	Second Team All-CAC Back
Kristi Kauffman	First Team All-CAC Goalie, Third Team All-Mid Atlantic Region Goalie
Karen Mannion	First Team All-CAC Back, First Team All-Mid Atlantic Region Back
Danielle Urban	First Team All-CAC Forward
Nicole Urban	First Team All-CAC Midfielder

1996

Amy Gallagher	Second Team All-CAC Back
Patty Jones	Second Team All-CAC Forward
Kristi Kauffman	First Team All-CAC Goalie
Erin Sargent	Second Team All-CAC Midfielder
Ava Tasker	First Team All-CAC Midfielder, CAC Player of the Year
Danielle Urban	First Team All-CAC Forward
Nicole Urban	First Team All-CAC Back

1997

Dana Earl	Second Team All-CAC Midfielder
Amy Forbes	Second Team All-CAC Goalie
Jennifer Mazzola	Second Team All-CAC Back
Cortney Urban	Second Team All-CAC Forward, Third Team All-Mid Atlantic Region Forward
Danielle Urban	Second Team All-CAC Forward
Nicole Urban-Ingley	First Team All-CAC Back, First Team All-Mid Atlantic Region Back

1998

Amy Forbes	Second Team, All-CAC Goalie
Amy Gallagher	First Team All-CAC Back, Third Team All-Mid Atlantic Region Back
Dana Earl	Second Team All-CAC Midfielder
Joy Mulholland	Second Team All-CAC Back
Katie Rowles	Second Team All-CAC Midfielder
Cortney Urban	First Team All-CAC Forward

1999

Dana Earl	First Team All-CAC Midfielder
Amy Gallagher	First Team All-CAC Back
Amy Forbes	First Team All-CAC Goalie
Cindy Maxfield	Second Team All-CAC Forward
Meredith Bigham	Second Team All-CAC Midfielder
Ellen Mirsky	Second Team All-CAC Back

All-Time Record Against Opponents

Opponent	W	L	T
Cabrini	2	0	0
Catholic *	6	0	0
Frostburg State	5	0	0
Goucher *	7	1	1
Greensboro	1	0	0
Haverford	0	1	0
Johns Hopkins	2	1	0
Kean	1	1	0
Lynchburg	2	1	0
Mary Washington *	1	10	1
Marymount *	9	0	0
Maryville	1	0	0
Messiah	2	1	0
Methodist	1	1	0
NC Wesleyan	1	0	0
Notre Dame (MD)	4	2	0
Randolph-Macon	0	2	0
Richard Stockton	0	2	0
Rowan	1	0	0
Shenandoah	5	1	0
St. Mary's (MD) *	7	1	1
Villa Julie	3	0	0
Virginia Wesleyan	4	1	0
Wesley	4	0	0
Western Maryland	3	0	0
Widener	4	0	0
William Paterson	1	1	0
York *	5	0	0

* CAC opponent

1999 Results and Statistics

Overall Record: 13-5 **CAC Record: 5-1** **Home: 6-2** **Away: 7-3**

Date	Opponent	Result	Score	Notes
Sept. 1	Wesley	W	2-0	Knutson, Earl unassisted goals
Sept. 8	Shenandoah	W	4-0	Earl, Bigham, Maxfield, Mulholland goals
Sept. 11	@Notre Dame (MD)	W	3-1	Earl, Smith Shaneybrook goals
Sept. 12	@Villa Julie	W	3-0	Shaneybrook 2 goals
Sept. 15	@Widener	W	8-0	Earl, Bigham 2g-1a each
Sept. 18	@Frostburg State	W	3-0	Earl 2 goals; Maxfield 1g-1a
Sept. 19	@York *	W	1-0	Shaneybrook goal; Forbes 4 saves
Sept. 22	Catholic *	W	6-0	Forbes SSU record 27th career shutout
Sept. 25	Mary Washington *	L	0-3	MWC three 2nd half goals; Forbes 9 saves
Sept. 30	Johns Hopkins	L	0-1	JHU 2nd half goal on direct kick
Oct. 2	@St. Mary's *	W	4-0	Four 1st half goals; Shaneybrook 2 assists
Oct. 4	@Richard Stockton	L	0-1	SSU first road loss of the season
Oct. 9	@Lynchburg	L	1-2 ot	Bigham goal in 88th minute
Oct. 12	@Marymount *	W	6-0	Maxfield 2 goals; Shaneybrook 1g-1a
Oct. 23	Goucher *	W	4-0	Earl, Shaneybrook 2 goals each
Oct. 25	Marymount	W	2-0	CAC Tournament – Quarterfinal
Oct. 28	Goucher	W	7-0	CAC Tournament – Semifinal
Oct. 30	@Mary Washington	L	1-2	CAC Tournament – Championship

* Capital Athletic Conference game

	1999 Season			Career		
Individual Scoring (Hometown)	**Goals**	**Assists**	**Points**	**Goals**	**Assists**	**Points**
Dana Earl (Medford, NJ)	12	6	30	18	16	52
Heidi Shaneybrook (Reisterstown, MD)	9	5	23	11	6	28
Meredith Bigham (Medford, NJ)	7	9	23	8	9	25
Cindy Maxfield (Columbia, MD)	5	3	13	6	6	18
Courtney Smith (Severna Park, MD)	3	2	8	3	2	8
Joy Mulholland (Ellicott City, MD)	2	3	7	6	7	19
Kristey Lillis (Vernon, NJ)	3	1	7	3	1	7
Amy Gallagher (Mercerville, NJ)	2	1	5	10	3	23
Jennifer Mazzola (Gambrills, MD)	2	1	5	5	8	20
Amber Bradford (Fallston, MD)	2	1	5	2	1	5
Kelly Knutson (Eldersburg, MD)	2	0	4	2	0	4
Lisa Capitelli (Holtsville, NY)	2	0	4	2	0	4
Allison Nigro (Bay Village, OH)	1	1	3	2	2	6
Ellen Mirsky (Marlton, NJ)	1	0	2	2	0	4
Maria Ciasca (Burlington, NJ)	1	0	2	1	0	2
Erica Szoc (Hampton, NJ)	1	0	2	1	0	2
Elana Ferranti (Melville, NY)	0	1	1	0	1	1
Kristin Sullivan (Newton Square, PA)	0	0	0	0	1	1
SSU TOTALS	55	34	144			
OPPONENTS	8	4	20			

Goalies	**G/GS**	**Saves**	**Goals**	**Pct.**	**ShO**	**Min**	**GAA**
Amy Forbes (Ewing, NJ)	18/18	52	9	.852	12(9)	1360	0.59
Noelani Berkholtz (Wheaton, MD)	10/0	6	1	.857	9(9)	267	0.33
SSU TOTALS	18/18	58	10	.853	12	1627	0.55
OPPONENTS	18/18	173	55	.759	3	1627	3.04

SSU's Athletics Philosophy

Salisbury State University, a member of the National Collegiate Athletic Association's (NCAA) Division III, offers 19 intercollegiate sports for men and women. In addition to NCAA membership, SSU competes as a member of the Capital Athletic Conference (CAC) and the Eastern College Athletic Conference (ECAC).

As a member of the NCAA's Division III, Salisbury State places the highest priority on the overall quality of the educational experience. In doing so, it seeks to strengthen the integration of objectives and programs in athletics with academic and developmental objectives, and to assure the integration of athletes with other students.

SSU places special importance on the impact of athletics on the participants, with emphasis on the internal constituency (students, alumni and special friends) rather than on the general public and its entertainment needs.

The SSU athletics program is further characterized by the following principles:

- Participants receive the same treatment as other students. They have no unique privileges in admission, academic advising, course selection, grading, living accommodations or financial aid. Similarly, athletes are not denied rights and opportunities that would be available to them as non-athletes.
- Sports for men and women are given equal emphasis and the desired quality of competition is similar in all sports.
- Students are supported in their efforts to reach high levels of performance by providing them with adequate facilities, competent coaching and appropriate competitive opportunities with students from similar institutions.
- SSU strives to make the student-athlete's participation in intercollegiate athletics an enriching experience, and holds genuine concern for each participant's welfare. The intercollegiate program's foremost goal at all times is to supplement and enrich the first priority of the University, which is academic accomplishment.

NCAA®

Salisbury
STATE UNIVERSITY

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Salisbury, MD 21801-6860